



# Platelet-Rich Plasma Symposium

## Final Program

Mandarin Oriental Hotel  
New York, NY Aug. 5, 2010

- 9:00 am - Welcome and Introduction
- 9:05 am - PRP: An Overview of Where We Stand Today:  
*Joseph M. Lane, MD, Hospital for Special Surgery*
- 9:20 am - The Use of PRP to Treat Articular Cartilage Pathology and a Basic Science Update from Rush:  
*Brian J. Cole, MD, MBA, Rush Orthopaedics, Chicago, IL*
- 9:40 am - Keynote Lecture: Platelet Rich Plasma - Mechanisms of Action and Clinical Outcomes in Craniomaxillofacial Surgery:  
*Robert E. Marx, DDS, University of Miami*
- 10:00 am - Defining the Composition and Healing Effect of Platelet-Rich Plasma  
*Sherwin V. Kevy, MD, Harvard University*
- 10:20 am - Platelet-Rich Fibrin Matrices - A Different Type of PRP:  
*Steven P. Arnoczky, DVM, Michigan State University*
- 10:40 am - Question and Answer
- 10:45 am - Break
- 10:55 am - The Use of PRP in Rotator Cuff Repair and Surgical Treatment of Tendinopathy:  
*Scott A. Rodeo, MD, Hospital for Special Surgery*
- 11:10 am - Biological Adjuncts to Cartilage and Tendon Injuries of the Foot and Ankle:  
*John G. Kennedy, MD, Hospital for Special Surgery*
- 11:25 am - Patient Management with Physical Therapy after PRP - My Experience:  
*David Wickenden, PT, Master of MT, Kiwi Physical Therapy*  
*Erika Muraski, PT*
- 11:35 am - Discussion: PRP in Athletes - Can It Help?  
Moderator: *Freddie H. Fu, MD, University of Pittsburgh*  
Panel Members:  
*David C. Karli, MD, Steadman Hawkins Clinic, Vail, CO*  
*John G. Kennedy, MD, Hospital for Special Surgery*  
*Scott A. Rodeo, MD, Hospital for Special Surgery*
- 11:55 am - Question and Answer
- 12:00 pm - Lunch
- 1:00 pm - Biological Enhancement of Anatomic ACL Reconstruction:  
*Freddie H. Fu, MD University of Pittsburgh*
- 1:20 pm - The Role of PRP in Fracture Healing:  
*Sheldon S. Lin, MD, UMDNJ, New Jersey*
- 1:40 pm - The Proper Post-PRP Exercise Protocols for Treating ECRB Tendinosis and Partial Rotator Cuff Tears:  
*Vijay B. Vad, MD, Hospital for Special Surgery*
- 1:55 pm - Question and Answer
- 2:00 pm - PRP Treatment of Throwing Injuries in Athletes:  
*Joshua S. Dines, MD, Hospital for Special Surgery*
- 2:15 pm - When and How I Use PRP - My Data and Basic Science Research:  
*David C. Karli, MD, Steadman-Hawkins Clinic, Vail, CO*
- 2:35 pm - Treating Elbow Tendinosis and Flexor/Extensor Tendon Tears with PRP:  
*Stephen Fealy, MD, Hospital for Special Surgery*
- 2:50 pm - Discussion: The Basic Science of PRP - What's Next?  
Moderator: *Steven P. Arnoczky, DVM, Michigan State University*  
Panel Members:  
*David C. Karli, MD, Steadman-Hawkins Clinic, Vail, CO*  
*Sherwin V. Kevy, MD, Harvard University, MA*  
*Sheldon S. Lin, MD, UMDNJ, New Jersey*
- 3:10 pm - Closing Remarks
- 3:15 pm - Live Demonstrations
- 5:00 pm - End